**Categories**

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| 1. School Related- routines, work |
| 2. Coronavirus related concerns |
| 3. Sensory |
| 4. New teachers and timetables |
| 5. Any additional issues |

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| **No Problem** | **Small Problem** | **Big Problem** | **Not Sure** |

**1. School Related – routines, work,**

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| **Changes to my normal routines and timetable in school** | **Finding my way round new school** | **Getting up for school in the morning** | **Not being able to speak to a trusted person like ……………………. at school about my worries** |
| **Getting things wrong** |  | **Having tests** | **Lunch and break times** |
| **Travelling to school** | **Making new friends** | **Remembering the equipment I need for**  **lessons** | **Going to bed at normal time on a school night** |
| **Using a break card to leave lessons** | **Using the school toilets** |  | **Seeing my old friends from Primary school** |
| **Working on my own** | **Understanding what I have to do** | **Reading out loud** | **Talking in front of the whole class** |
| **Catching up on work** | **Asking for help If I am stuck** | **Getting embarrassed in front of everyone** | **Working in a group** |
| **Teacher asking me questions in class** | **Being able to do my favourite subjects** | **Working with someone** | **Working with people I don’t like** |
| **Writing** | **Not using a lap top** | **Understanding games** | **Understanding rules** |

**2. Coronavirus related concerns**

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| **Remembering to stay apart from others** | **Worried that I could catch the Coronavirus** | **Being close to other people** | **Remembering to wash my hands** |
|  | **Other people sneezing or coughing near me** |  | **Sharing books or equipment** |
| **Queueing for lunch** | **Teachers wearing face masks** | **Not sure when I have to wear a mask** |  |
| **If someone I know at school becomes unwell** | **Not being able to hug or touch people** |  |  |
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**3. Sensory**

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| **Loud noises in school** | **The school bell** | **Background noise in the classroom** | **Using hand sanitiser** |
| **Being around lots of people** | **Wearing my school uniform** | **Breaktime** | **Sitting close to another pupil** |
| **Not being able to have some quiet time on my own** | **Washing my hands** |  | **School toilets** |
| **Getting ready – getting clean and doing my hair** |  | **Eating lunch** | **Smells** |
|  | **Not having things to fiddle with like blu tac** | **Getting changed for P.E** | **Wearing P.E kit** |
| **Leaving the classroom for a break** | **Not being allowed to doodle or daydream sometimes in class** | **Where I sit in class** |  |

**4.** **New teachers and timetable**

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| **Not knowing who my teachers will be** | **Meeting my new teachers** | **Not knowing what my timetable will be** | **Having my lessons in different rooms** |
| **Having a new teacher** |  |  | **Remembering the school**  **rules** |
| **The teacher knowing the help I need** |  | **Teachers don’t know me and what helps me** | **Having time to use 3D printer** |
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