

Welcome!



**Launch
Event**

27.11.24



**Sheffield
Dementia
Strategy**

2025-2030



View the Strategy: <https://southyorkshire.icb.nhs.uk/about-us/who-we-are-and-what-we-do/place-map/sheffield/sheffield-dementia-strategy>

Welcome and Important Information



Presenter:

Jo Pass

Sheffield City Council,
Living & Ageing Well

Official Welcome

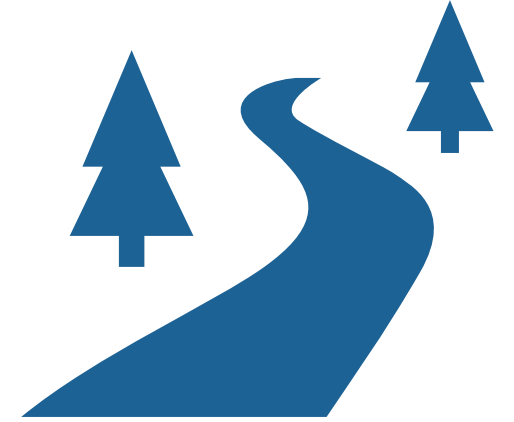


**Councillor Angela
Argenzio**

Sheffield City Council,
Elected Member

Introduction

Our Journey and Ambition for People with Dementia



Presenter:

Jo Pass

Sheffield City Council,
Living & Ageing Well

Sheffield Dementia Strategy Partners



Sheffield Dementia Strategy Commitments

**Dementia Friendly
Sheffield**



**Reducing the risk of
developing dementia**



Diagnosis



**Early
local support**



**Support for carers
of people living
with dementia**



**Care and
support
services**



**Crisis
support**



**Hospital
care**



**End of life
support**



2025-29

Commitment 1

Dementia Friendly Sheffield



Sheffield will become a dementia friendly city – where individuals, communities, organisations and businesses all support people with dementia to live as well as they can.

Presenter:

Grace Stead

Sheffield Dementia Action
Alliance & Enrichment for
the Elderly

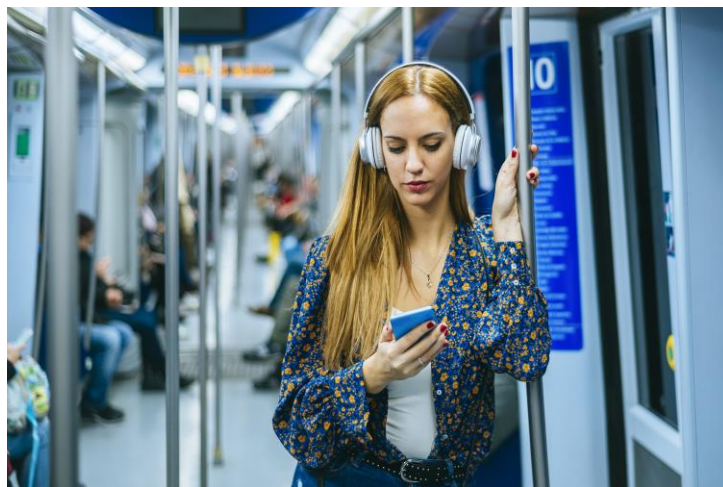
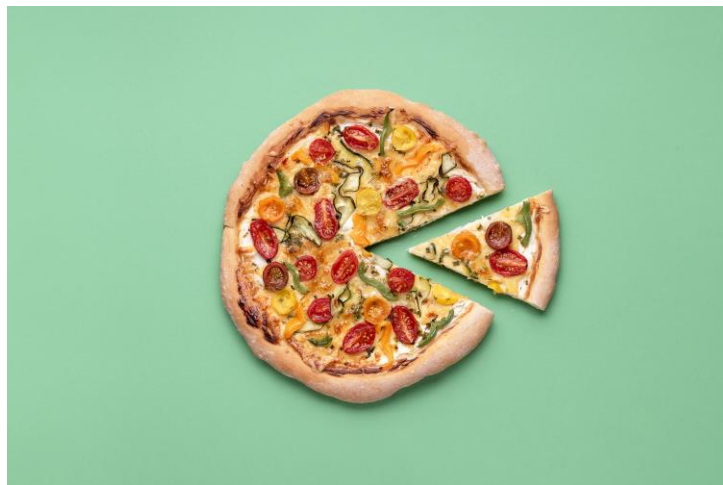
Commitment 1: Dementia Friendly Sheffield

Grace Stead- Enrichment for the Elderly



Where do you
go?

We want people
with dementia
to access
Sheffield



What you said

- There is a lack of understanding around dementia in the community
- Transport barriers
- We don't know what is happening in Sheffield for people with dementia
- Lack of support for different communities

What are we going to do?

- Tiered system of support for organisations and businesses to become more dementia friendly
- Support transport providers to become more dementia friendly
- Ensure there is service for different communities and information is available
- Share organisations who are supporting dementia in Sheffield

Where do you go?

Any
Questions?

Commitment 2

Reducing the Risk of Developing Dementia



We will do more in Sheffield to prevent, reduce, and delay, the risk of developing dementia.

Presenter:

Karen Harrison

Sheffield City Council,
Public Health

Commitment 2:

We will do more in Sheffield to prevent, reduce, and delay the risk of developing dementia.

Findings from The Lancet Commission 2024

Karen Harrison, Public Health; Sheffield City Council

Decreasing Vascular Damage – what's good for the heart and blood vessels is also good for the brain

- Reduce obesity and risk of diabetes**
- Stop smoking**
- Manage blood pressure and cholesterol to achieve healthy levels when possible**
- Reduce air pollution**
- Reduce risk of head injury**



Reduce risk of nerves becoming damaged or diseased; Reduce stress and inflammation

- **Addressing issues on previous slide**
 - **Plus**
- **Prevention or treatment of depression**
 - **Engaging in physical activity**
 - **Minimise alcohol intake**

Help the brain to keep developing and build reserve

- **Keep the brain active through the life course
from birth to older age**
 - **Prevent and address hearing loss**
 - **Address visual loss/impairment**
- **Increase social contact and participation**

How are we addressing this?

- **Life course approach to prevention, starting with 0-19 programme**
 - **Commissioning NHS Health Check programme**
 - **Commission lifestyle services such as weight management and stop smoking**
 - **Joint approach across all statutory organisations**
- **Joint approach with Voluntary, Community and Social Enterprise organisations**
 - **Clean air strategy**

Commitment 3

Presenters:

Dr Sarah Jones
Norwood Medical
Centre

Aparna Mordekar
Sheffield Memory
Service

Daniel Blackburn
NHS Neurology Service

Diagnosis



We will improve access to dementia diagnosis at the earliest possible stage for the people of Sheffield.

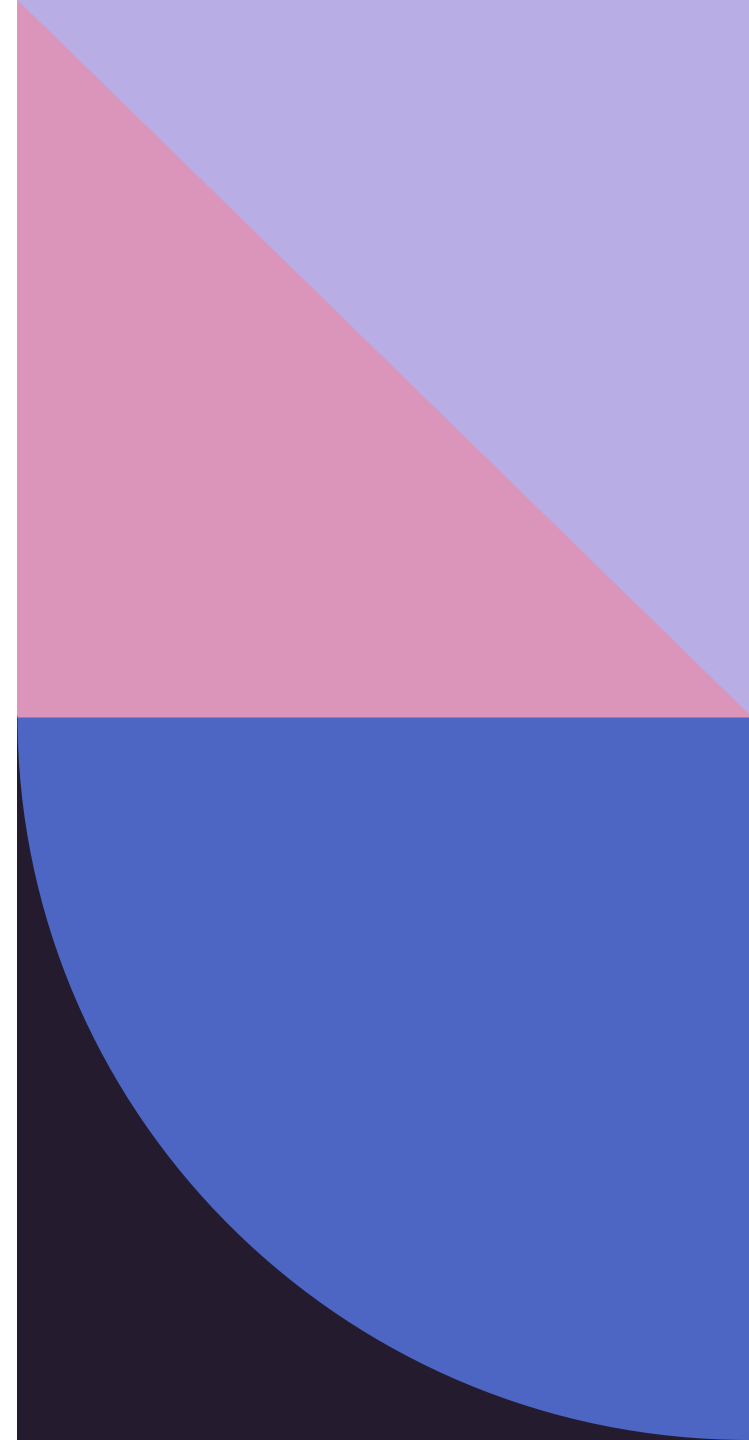
Diagnosis of Dementia

We will improve access to dementia diagnosis at the earliest possible stage for the people of Sheffield.



Health Inequality

- Engage more with Ethnic Minority groups to address the below average diagnostic rates;
 - Understand what barriers prevent presentation;
 - Use culturally appropriate tools to assess patients
- Work with Community Learning disability Teams to streamline diagnostic process: MDT with neurology & Psychiatry.
- Work on assessment in primary care that can identify cases dementia earlier
- Review access to service for hearing impaired people and increase access so assessments facilitated by signers
- Support diagnosis in the community for those who don't wish to or find it difficult to attend secondary care services



Pragmatic diagnosis and Post diagnostic offer

- Patients presenting late in their dementia journey to GP's should have option of receiving a community pragmatic diagnosis
- Patients who don't wish to attend the memory clinic should have the option of receiving a community diagnosis via GP or with support from the Old Age Mental Health Team
- All patients post diagnosis should receive comprehensive and locally relevant offer of support, so they and their loved ones know who to reach out to in times of need
- Secondary care Dr's can consider making dementia diagnoses or collating evidence so GP's may be able to do so at a later point



Commitment 3 – Diagnosis - Sheffield Memory Service

Create a waiting well
programme for service
users

Increase staffing

Diagnosis clinics run by
Band 6 staff

Create a reminder
process for
appointments

To reduce waiting times by
meeting the national standard
of referral to treatment in 6
weeks. To ensure service users
have appropriate support to
wait well

Improve assessment
documentation

Working more closely
with GP surgeries

Develop quarterly
meeting for service users
to feedback

Work with GP to refer
earlier for CT scans

Improve environment for
carrying out assessments

Send patient information
leaflet with waiting list
letter

Waiting Well Programme



To provide support to those on the waiting list and ensure that they can manage their memory problems in the community.



Done with co production with service users.



Had 5 groups till now and one next month. Service users and carers invited for the group.



Attendees feel they gain better peer to peer support with smaller numbers.



Excellent feedback and some useful suggestions to improve further!

Post Diagnosis support

Post diagnostic
appointments
and groups for
service users and
carers

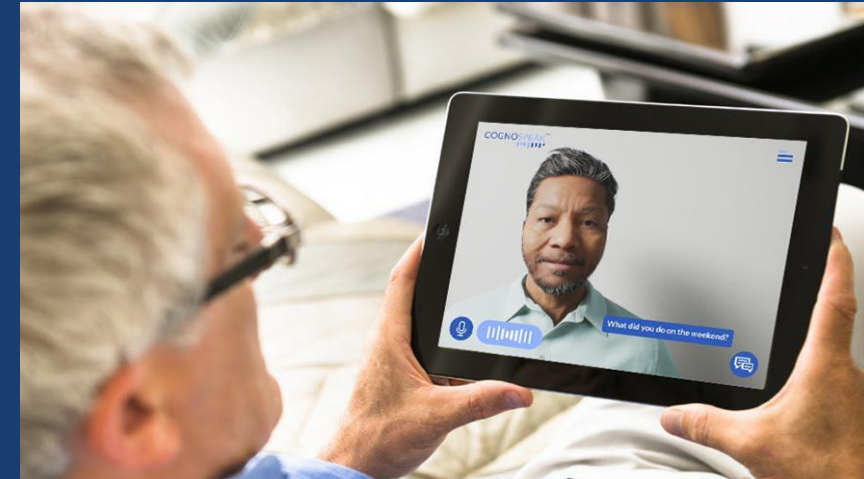
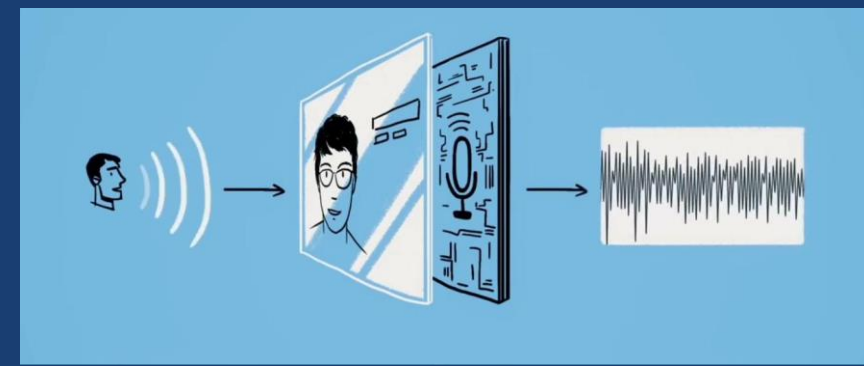
Sheffield Memory
Services work
closely with
Carers centre and
Dementia Advice
Services

Mild Cognitive
Impairment- post
diagnostic
support and
follow up in clinic

Active research
dept- offer
research
opportunities to
get involved after
the diagnosis

What is CognoSpeak™?

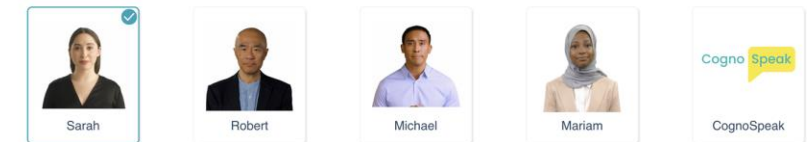
- Web-based platform that is accessible and is easy-to-use
- Choice of 4 talking head that asks a set of questions
- Artificial Intelligence (AI) detects signs of cognitive impairment via a person's speech & language.
- It offers:
 - accurate monitoring of cognitive impairment.
 - low-cost, accessible and repeatable assessment providing sensitive, early diagnosis



Choose your digital agent

Which digital agent would you like to speak with today? They all ask the same questions. They are not really doctors, but designed to help ask the questions in the way that a doctor might. Press on a digital agent to select, then press [Next](#) in the bottom right corner.

If you exit, the assessment will restart from the beginning when you resume the session.



Training the Bias out of AI: Collaborative research with minoritised ethnic community groups

Israac Sheffield-based Somali Community Centre

Before: Inaccessibility, Distrust & No communication

After: Feeling valued, Accessible & Beneficial

Research champions Sahra and Muse accept global Made with Patients award on behalf of CognoSpeak team in Milan

Recognition of innovative dementia tool collaboration with hard-to-reach communities



Alzheimer's disease biomarkers – Lumbar puncture service



Alzheimer's Disease affects > 40 million globally.



Diagnosis using standard techniques – clinical assessment, cognitive assessment tools, neuropsychological testing, and neuroimaging only be made during the clinical phase of AD.



Transition towards a biological definition of AD with biomarkers (A β -42 phosphorylated tau)



Earlier time to diagnosis and subsequently earlier initiation of treatment Improved diagnostic accuracy in challenging cases

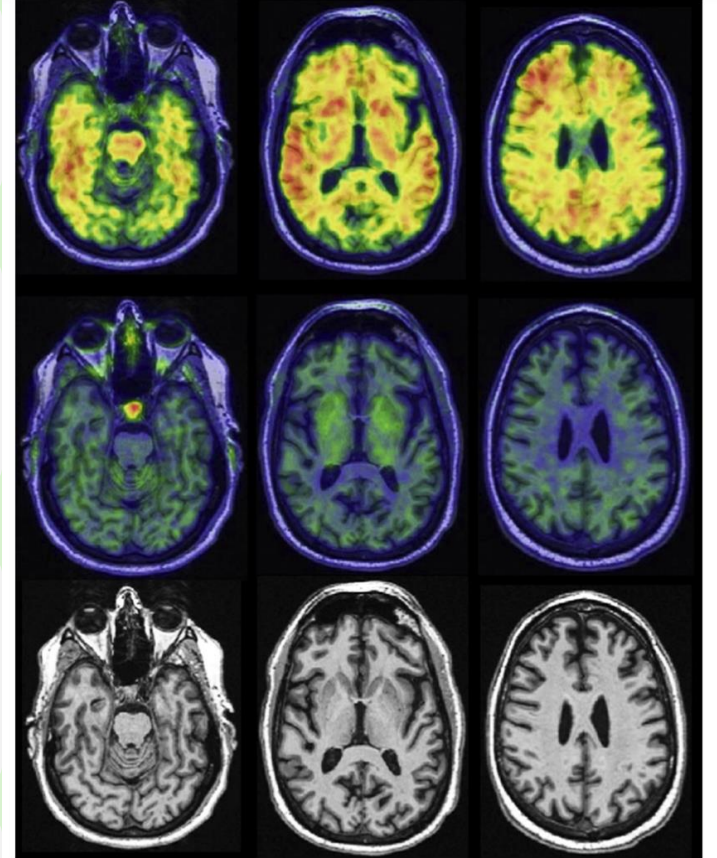


Fig. 2. Preclinical Alzheimer's pathologic change. A cognitively unimpaired 67-year-old man. Participant in the Mayo Clinic Study of Aging. Abnormal amyloid PET (Pittsburgh compound B, top row), no uptake on tau PET (with flortaucipir, middle row), no atrophy on MRI (bottom row). Biomarker profile A+T-(N)-.

Could you help us develop an effective memory problems detection tool?

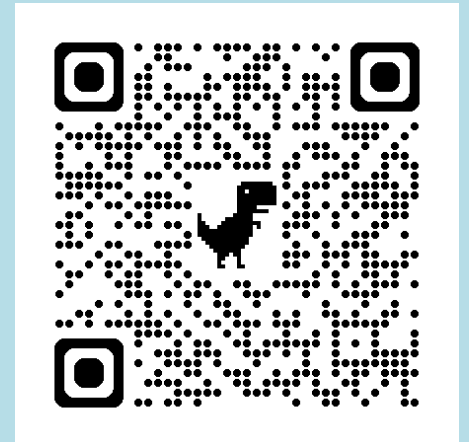
We want to develop a digital assessment tool that could help to reduce wait times in memory clinics. We are looking for healthy volunteers with access to a computer or an iPad who would like to participate in our study

CognoSpeak - a virtual computerised doctor - will ask you 14 questions about your memory and you will complete 3 questionnaires, after which you will be sent a link to a quick cognitive assessment. This quick action can help us with developing a tool that will better direct people to the help they need

- Go to [CognoSpeak.com](https://cognospeak.com) and click 'Take Part Now'
- Fill in your personal details
- Start the assessment
- Or scan the QR code to access detailed instructions
For more information contact study team at sth.cognospeaksth20818@nhs.net



CognoSpeak website



Commitment 4

Early local support



For people living with dementia in the early stages of their dementia journey, support in Sheffield will be personalised, local and accessible, to help them to remain independent for as long as possible.

Presenter:

Amelia Stockdale

Sheffield City Council,
Commissioning

What's your
favourite cake?



Making Memories
Dementia Café video

[Making Memories Dementia Cafe - 2024 :](https://www.youtube.com/watch?v=T5bBAWbkFPE)
<https://www.youtube.com/watch?v=T5bBAWbkFPE>



With thanks to Darnall Well Being and the attendees of the Making Memories Dementia Café.

Early local support



People Keeping Well dementia support

PEOPLE KEEPING WELL
PKW
IN THEIR COMMUNITY



and their partners



Woodhouse and District
Community Forum



What you told us:

without early local support

“Adrift”

- Felt alone
- Hard to find information
- No sense of community
- Lack of links between services



What you told us:

with early local support

“Lifeline”

- Felt less alone
- Informed and empowered
- Benefitted from professional and peer support
- Gained confidence



Darnall Well Being
Dementia Café - Arabic

[Darnall Dementia Cafe - Arabic :](https://www.youtube.com/watch?v=O-MbZb_VLMM)
https://www.youtube.com/watch?v=O-MbZb_VLMM



With thanks to Saada and her family and Darnall Well Being for granting us permission to show this video today.

Making Memories Café 1

[Beryl and Dennis :](https://www.youtube.com/watch?v=ZuSodYEDn2g)
<https://www.youtube.com/watch?v=ZuSodYEDn2g>



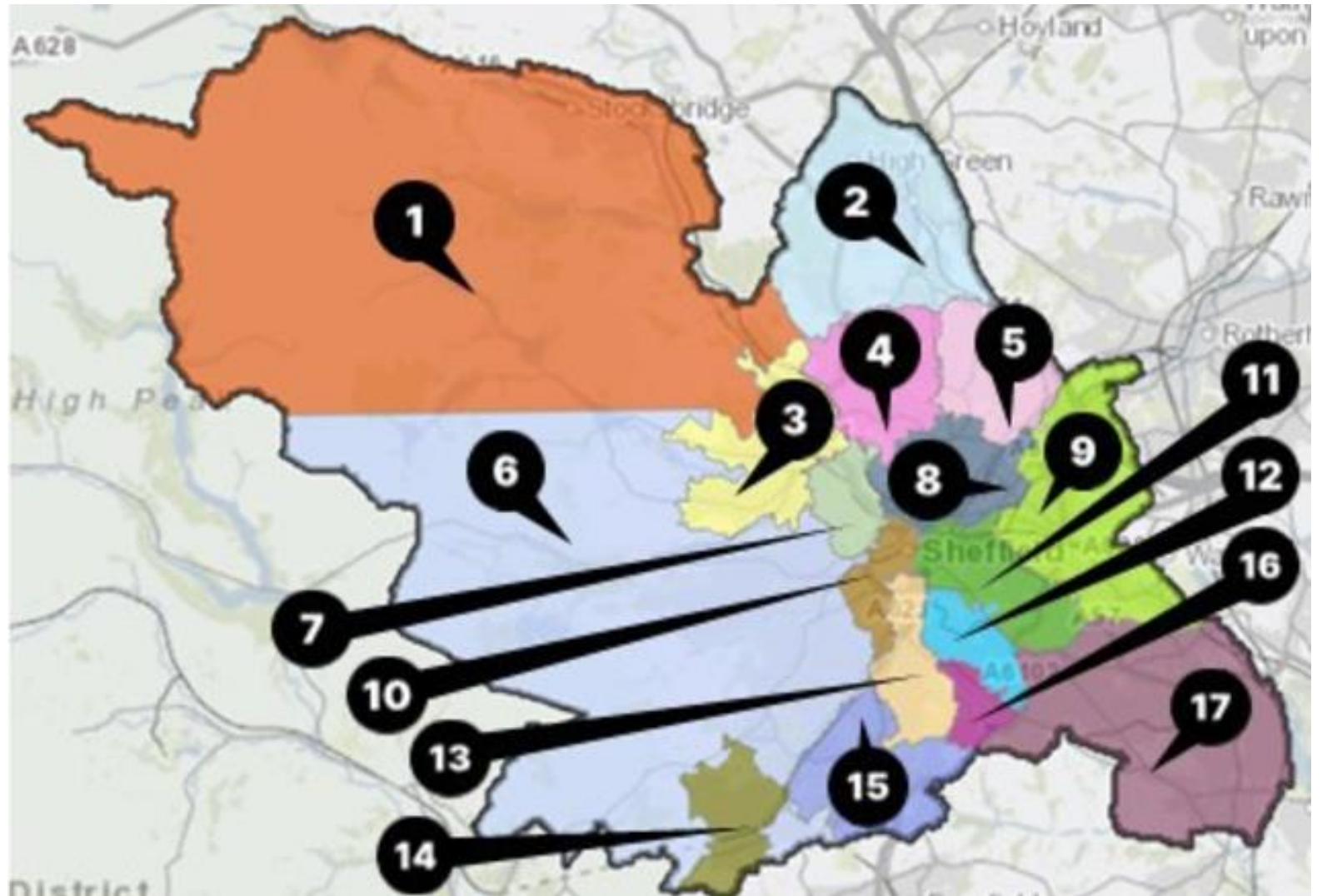
With thanks to Dennis & Beryl and Darnall Well Being for granting us permission to show this video today.

What will be different

- Consistent Referrals
- Variety of Support Methods
- Wider Variety of Local Dementia Groups
- Culturally Appropriate Support
- Review of Young Onset Dementia Support
- Investigation of options for Befriending Services
- Accessibility and Publicity



Sheffield Directory Dementia page



Community support if you are affected by Dementia
65s and over in Sheffield

For 65s and over with dementia, and their carers

- Ongoing social connection and dementia-friendly activities
- Support from others in a similar situation
- Dementia information from trained workers in your local area

Who to contact

Dementia Advice Sheffield (DAS) (0114) 250 2875
Dementia Advice Sheffield
or search on Sheffield Directory Dementia page

You'll be connected to your local

People Keeping Well community dementia support organisation
PKW

For 65s and over with dementia

- A dementia-friendly place to spend the whole day on a regular basis
- Interesting and tailored activities to suit you
- A break for your carer

Do you have an existing open care package or plan with Sheffield City Council (SCC) social work teams?

No: Age UK Sheffield (0114) 250 2850
ageUK

Yes: Social Worker / SCC First Contact (0114) 273 4908
Sheffield City Council

Dementia Daytime Opportunities
ageUK

Dementia Daytime Opportunities
Sheffieldcare

For unpaid carers

- Carer information
- Peer support
- A listening ear

Sheffield Carers Centre (0114) 272 8362
CARERS TRUST
Sheffield Carers Centre

Support you will receive

- 5-monthly check-in call to see how you are and what you need
- Dementia information from a trained worker
- Invitations to Memory Cafes, dementia-friendly groups (eg music, exercise, craft, gardening, culturally-specific etc)
- Opportunities to join Dementia Carer groups

Dementia Daytime Opportunities
ageUK

Dementia Daytime Opportunities
Sheffieldcare

- Carer advice line
- Carer Assessment
- Carer Card
- Newsletter
- Planning for an emergency

www.sheffielddirectory.org.uk/dementia

Dementia Advice Sheffield



Call us on **(0114) 250 2875**
or email: **dementiaadvice@
ageuksheffield.org.uk**

Our dementia advice service is here to help you!



**“ Who can I
talk to about
dementia? ”**

- **Are you living with memory loss or dementia, or do you know somebody who is?**
- **Would you like somewhere to contact if you have any non-medical questions?**

Making Memories Café 2

[Beryl and Dennis :](https://www.youtube.com/watch?v=XPU8MC8htu8)

<https://www.youtube.com/watch?v=XPU8MC8htu8>



With thanks to Beryl & Dennis and Darnall Well Being for granting us permission to show this video today.

Time for a break!



Help yourself to refreshments



Get information from the local
dementia support organisations
stalls



View the Dementia Photovoice
exhibition

Commitment 5

Support for carers of people living with Dementia



We will provide high quality support to families and carers of people living with dementia in Sheffield to:

- Promote their health and wellbeing
- Enable them to continue their caring role for as long as they want.

Presenters:

Kerry Jones-Kensah
Sheffield Carers Centre

Lee Teasdale-Smith
Sheffield City Council,
Commissioning

Supporting our carers

Lee Teasdale-Smith

Sheffield City Council

Kerry Jones Kensah

Sheffield Carers Centre



Who is a Carer?

- A carer is someone, of any age, who looks after a person (a family member, partner, or friend) who needs help because of their illness, frailty, disability, a mental health problem or an addiction and cannot cope without their support.
- The care they give is unpaid.



Dementia Strategy

Sheffield Dementia Strategy 2025-2030

Six Carers Principles

- Access at the right time, the right type of information and advice for them, their family and the person they care for
- Understand their rights and have access to an assessment
- Have a voice for themselves and the person they care for
- Have regular and sufficient breaks
- Continue to learn and develop, train or work (if they wish to)
- Look after their own health



Who we are What we do

Sheffield Carers Centre
supporting unpaid carers in the city for over 30 years

-
- Charity established in 1993 to deliver support services for adult unpaid carers in Sheffield
 - High quality information, advice, advocacy and support to ensure all carers needs are met
 - 12,150 unpaid carers are in our community of carers
 - Around 4,000 carers use our services annually
 - 30% of registered carers are caring for someone with dementia
 - Carers joining our Community of Carers will receive a Welcome Pack and Carer Card and receive our monthly Carer News (if they have an email address)
 - Access to practical support and contact with others who understand their challenges

Hearing From Carers

Sheffield Carers Centre

supporting unpaid carers in the city for over 30 years

Caring for someone with dementia in Sheffield

[Caring for someone with dementia in Sheffield on Vimeo](https://vimeo.com/597069357)
<https://vimeo.com/597069357>

NHS
Sheffield
Clinical Commissioning Group



Caring for someone with dementia in Sheffield

Sheffield carers share their experiences

Did you Know?

There are approximately 60,000 unpaid carers in Sheffield.

NHS England says it takes an average of 2 years for someone to realise they're a carer.

The caring population is not static; in Sheffield around 20,000 people start caring and 20,000 people stop caring each year.

Academics have calculated that carers save our economy £162 billion per year, the equivalent of the spend on the NHS.



3 out of 5 people will be an unpaid carer at some point in their lives

I'm not a carer. Its just what you do for your child/parent/sibling / friend/ neighbour.

Sheffield Carers Centre Commitment to:

- Be a **member of the Dementia Strategy Implementation Group and the Carer's Strategy Implementation Group**. This will ensure that their needs are identified, and that they are supported to continue in their caring role - for example through support groups and personalised support, information and advice
- Carers of people living with dementia will be **supported holistically** to live as well as they can – this includes having a **prevention-focused** approach and access to **mental health support**
- **Working together** to ensure that **carers of people living with dementia from diverse communities** are supported with understanding dementia and **accessing appropriate, equitable and culturally competent support**.
- **Collaborate** to ensure we **connect carers to the information, advice and support** that you need, for example through appropriate referrals not simply signposting.
- **Publicise dementia awareness**, understanding and education sessions for carers of people living with dementia

If you're looking after someone who relies on you to provide ...



Practical Support



Help with Medication



Physical Help



Emotional Support



Personal Care



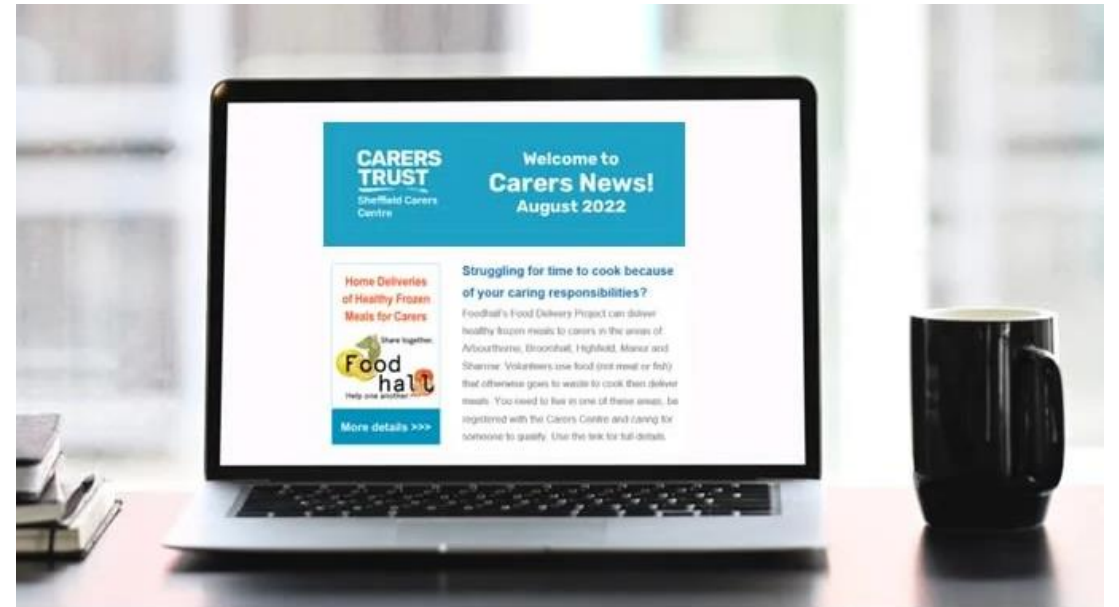
Help with Finances

... did you know you are a carer?

Universal and Carer Services vs Dementia Strategy

Access at the right time, the right type of information and advice for them, their family and the person they care for

- Information, Advice and Rights
- Monthly e-carer news
- Website
- Carer Support Groups
- Carer Advice Line
- Carers Cafe
- Group activities – Walk and Talk, Sports and Games Afternoon, SAGE Greenfingers - allotment project, Carers Choir, Carer Massage, Book Group, Life Writing Group, Art Group, Men’s Group, Menopause Group
- Case work and advocacy
- Appropriate intervention



Universal and Carer Services vs Dementia Strategy

Understand their rights and have access to an assessment

- Legal Advice Clinic
- Carers Assessment – supportive intervention in own right
- Carer Support Plan / Personal Budget

Have a voice for themselves and the person they care for

- Carer Involvement Network - engaging carers to foster support, information sharing, and active participation in decision-making processes

Have regular and sufficient breaks

- Time for a Break respite grant

CARERS TRUST
Sheffield Carers Centre

Sheffield Carers Centre
Community Activity
Carer Café In-Person & On-Line Events: Every Friday



The Café is held at 10am every Friday

Carers meet in-person at 10am on the second Friday of each month at Room G46 of the Town Hall in the City Centre (S1 2HH) and on-line at 10am on the other Fridays of the month.

The chance to meet other carers and have a break

A great chance to meet other carers, share experiences and have a break. All carers are welcome whatever their caring role and there is no need to book a place. All the on-line events are free and any donation to refreshment costs is all that's needed for the in-person events. Please don't come to if you are unwell or have Covid symptoms and wear a mask if you prefer.

If you have any queries about the meetings please contact Jan Outram, Activities Coordinator at Sheffield Carers Centre by phone 0114 278 8942 or email: jan@sheffieldcarers.org.uk

To discover more about how we help and support unpaid carers
www.sheffieldcarers.org.uk
or follow us Facebook or Twitter

Universal and Carer Services vs Dementia Strategy

- **Continue to learn and develop, train or work (if they wish to)**
 - Programme of workshops e.g. Emergency First Aid, Moving and Handling, Mindfulness, Adapt and Recover from Adversity, Legal, Herbert Protocol
- **Look after their own health**
 - Carers Connect
 - Emergency planning
 - Counselling
 - Hardship grants



Resources promoting our Support Services

Posters

Posters promoting carer identification

Leaflets

Leaflets containing information about different services and activities

Carers Card

Double sided Carer Card with Emergency contact details on the reverse

Signposting Business Cards

Business card signposting carers to our support services



Professional Toolkit

- **Carer Identification Tool**
- Tackles some of the common misconceptions about who carers are and what they do.
- Designed to help you recognise, support and refer carers
- **Tips for Conversations with Carers**
- Carers often feel unheard and excluded and are unaware of the support available to them
- By having a conversation with a carer you can make a difference and this tool gives you some simple tips on what to say

A Network Partner of
CARERS TRUST

Sheffield Carers Centre
Tips for Conversations with Carers

Supporting a relative or friend can be rewarding, however many unpaid carers feel lonely and isolated and are unclear about where to go for information and support. They also feel that their caring role is unrecognised and undervalued by professionals.

By engaging with and involving carers you can help prevent a breakdown in the caring relationship and improve outcomes for both the carer and cared-for person. This tool gives you some tips and suggestions on how you can have sensitive conversations and support carers whilst learning from their expertise.



TOP TIPS	CONVERSATION STARTERS
<p>Avoid the label People don't need to identify with the term 'carer' they just need to recognise their caring relationship and understand that they are entitled to support in their own right.</p> <p>'Do you support someone who couldn't manage without your help?' Instead of asking 'Are you a carer?' ask if they support someone in the family or a friend or neighbour - the answer will be very different</p> <p>Ask open questions Ask open questions (that can't be answered 'yes'/'no') about their caring role. For example: 'who are you supporting?', 'what are you doing for them?'. Let them know that what they are doing is 'caring' and support is available</p> <p>Take time to listen Carers often feel invisible and undervalued, so give them the opportunity to talk about the challenges they face, as this may be the first time anyone has asked about their caring role</p> <p>Involve Them Carers are experts in the care of their cared-for person, by recognising this and including them as part of the care team the best outcomes can be achieved.</p> <p>Refer them to Sheffield Carers Centre Refer carers to our Universal Service and Carer Assessment via our website. If the carer doesn't want to be referred, signpost and let them know they can contact our Carers Advice Line - 0114 272 8362</p> <p>Revisit After your initial conversation continue to check in with the carer to see how they are coping and if they need any further support or information</p>	 <p>How are things with you?</p> <p>Are you getting support?</p> <p>How are you (and your family) coping?</p> <p>Are you looking after yourself?</p> <p>Are you managing to get a break?</p>

Tel: 0114 2728362 Web: sheffieldcarers.org.uk
Sheffield Carers Centre is a Registered Charity (104250) Company Limited by Guarantee (2966792)

Download:

<https://www.sheffieldcarers.org.uk/resources-for-professionals>

Get in Touch

- www.sheffieldcarers.org.uk
- Call our advice line on 0114 272 8362
- support@sheffieldcarers.org.uk
- Sign up for our bi-monthly professionals e-bulletin
www.sheffieldcarers.org.uk/free-e-bulletin
- Free online training session for professionals delivered jointly with Sheffield Young Carers three times per year.



Commitment 6

Care and Support Services



People living with dementia and their carers will receive Care and Support that recognises and works with them as individuals, so that people living with dementia receive excellent care at the right time and have a good experience in any service across the city.

Presenter:

Jo Pass

Sheffield City Council,
Living & Ageing Well



**What
Matters
to Me!**

Commitment 7

Presenters:

Dr Sarah Jones

Norwood Medical Centre

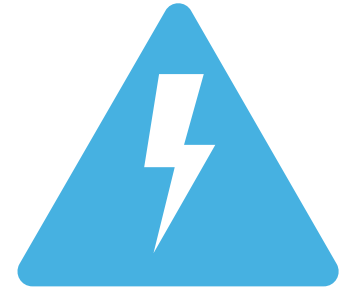
Dr Helen Linnington

Sheffield Health & Social
Care NHS Foundation
Trust

Jo Pass

Sheffield City Council,
Living & Ageing Well

Crisis Support



We will support families and staff to plan ahead to reduce the likelihood of dementia related crisis. Recognising that not all crisis situations can be avoided, we will raise awareness about help in a crisis and we will make it easier for people to access this support quickly.



COMMITMENT 7 : CRISIS SUPPORT

We will support families and staff to plan ahead to reduce the likelihood of dementia related crisis. Recognising that not all crisis situations can be avoided, we will raise awareness about help in a crisis and we will make it easier for people to access this support quickly

PREVENTING CRISIS



We cannot always achieve this however by preparing patients and carers to recognise early signs and considering contingency planning we can help to manage crisis better



Talking about Contingency planning could be done at dementia reviews



Improving carer support can help to avoid carer burn out



Training carers (including care home staff) to recognise possible signs deterioration and delirium



Making sure patients and carers know how can get advice and support at any time



Using wider dementia community teams to provide support

ACUTE DETERIORATION PATHWAY

Created by a multi agency team to empower health care professionals to consider trying to keep patients within home environment and if necessary to achieve this using sedation to “buy” time for fuller assessment. This recognised that in many / most cases patients living with dementia are best cared for in their usual environment.

It also addressed issues of who would be responsible when a patient needed to be removed to a place of safety ensuring ambulance staff could work with South Yorkshire Police to safely transport a patient exhibiting to A&E.

Who to contact in a crisis?



Important to ensure that people are signposted early on to agencies such as Dementia Advice Sheffield (Age UK), Sheffield Carers Centre.



DAS and SCC, plus advice from primary and secondary care will help people know how to contact social services, for help with organising care input at home and in a 24 hour care setting.

Who to contact in a crisis?



People naturally will turn to their GP, both in and outside of working hours.



GPs are experienced in helping people avoid crisis and can refer to secondary mental health services if appropriate.

Secondary care support

Secondary mental health offer support in the community, including the Community Mental Health Teams and the Older Adult Home Treatment Team, that work to manage people in the most distress.

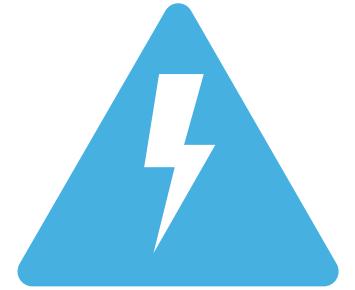
Secondary care have a specialist ward for people with the most distressing symptoms and behaviours, this is called G1.

Future....

Over the next few years, the older adult secondary mental health services are undergoing transformation.

It is hoped that this will help ensure more joined up working with primary care and reduce time taken for secondary care to be able to provide input for people with dementia if its needed.

Crisis Support



We will support families and staff to plan ahead to reduce the likelihood of dementia related crisis. Recognising that not all crisis situations can be avoided, we will raise awareness about help in a crisis and we will make it easier for people to access this support quickly.

**Interactive
Musical
Interlude!**

**District
Musicians,
Music to
your Door**





DISTRICT MUSICIANS CIC



Committed to bringing the power of music to people living with dementia.

www.districtmusicians.org





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Music To Your Door

Since 2021 we have been bringing free music sessions directly into the homes of people living with dementia. We call this 'Music To Your Door'.

We are currently offering Music To Your Door sessions in Sheffield and around Derbyshire.

If you would like to refer someone to the service, please [click here](#).



Click on the picture to watch a short film about Music To Your Door

‘Music To Your Door’ page of www.districtmusicians.org

Commitment 8

Hospital Care



We will improve care for people with dementia attending the Emergency Department, those admitted to Sheffield Teaching Hospitals, and those supported in hospital outpatient care. We want to prevent unnecessary admissions to hospital and reduce lengthy stays.

Presenter:

Esme Blythe

Sheffield Teaching
Hospitals NHS Foundation
Trust

Our commitment



Sheffield Teaching Hospitals
NHS Foundation Trust

Commitment 8

We will improve care for people with dementia attending the Emergency Department, those admitted to Sheffield Teaching Hospitals, and those supported in hospital outpatient care. We want to prevent unnecessary admissions to hospital and reduce lengthy stays.

Hospital
care



**PROUD
TO MAKE A
DIFFERENCE**

SHEFFIELD TEACHING HOSPITALS NHS FOUNDATION TRUST



Our achievements :



Care Mapping



Training and education



Appointment of Admiral Nurses



Dementia champions



Dementia Dashboard



Partnership working



Invested in resources to support stimulation

PROUD TO MAKE A DIFFERENCE

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Our next steps:



STIMULATION



**ADMIRAL
NURSE
SERVICE**



**CARERS
SUPPORT**



**PERSONALISED
CARE**



COMMUNICATION



ENVIRONMENT



DECONDITIONING



**ENHANCED
TRAINING AND
EDUCATION**

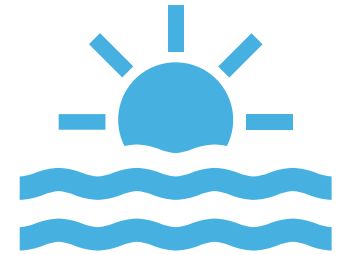
PROUD TO MAKE A DIFFERENCE

SHEFFIELD TEACHING HOSPITALS NHS FOUNDATION TRUST



Commitment 9

End of Life support



We will ensure that more people with dementia have access to personalised, good quality palliative and end of life care when they need it.

Presenter:

Lynne Ghasemi

St Luke's Hospice

Sheffield Dementia Strategy



Sheffield Dementia Strategy 2025-2030 Commitment 9 - End of Life Care

Lynne Ghasemi

Project Echo Lead Nurse, St Luke's Hospice

Sheffield Dementia Strategy

- Each person with a diagnosis of dementia is unique. It is therefore key that the wishes of the person, as far as it is possible to do so, are understood and carried out, allowing them to die with dignity, free from pain and in the place of their choice.
- The Sheffield Dementia Strategy Commitments will align with national guidance on dementia and palliative care and with the South Yorkshire Integrated Care Board All Age Palliative and End of Life Care Strategy

Key challenges identified by the Strategy in 2019:

- The lack of public awareness that end stage/advanced dementia is a terminal illness and how the end stages of dementia will impact on a person
- The need for early conversations (post diagnosis) with people living with dementia and their families / carers about advanced care planning. Many professionals found it difficult to initiate these conversations
- The difficulties sharing information (care plans) across organisational boundaries, particularly in times of crisis, meant that the person's wishes were often not heard or acted upon

What people have told us

A Sheffield Healthwatch survey (published January 2024) 31 asked for people's views and experiences of end of life and palliative care. Responses reflected:

The importance for health professionals to have timely open and honest conversations about the future with people living with dementia and their carers to find out about peoples' preferences for care and to inform them about how they may be supported in the future

What will be different?

We will continue to support community and faith-based networks in responding to the needs of people with dementia who are dying, and for those caring for a person with dementia and grieving.

We will prioritise and promote recognition of dementia as a life-limiting condition by ensuring that people with dementia and their carers are aware of and able to engage in advance care planning to support their needs going forward



What will be different?

We will ensure equitable access to integrated palliative dementia care and support through collaboration with health and care services, communities and the voluntary and community sector.

We will promote initiatives to engage views, increase skills, knowledge, and confidence for those caring for persons with end stage dementia nearing the end of life.

We will ensure that the workforce, voluntary and community sector and public are educated and confident in advance care planning and care of people with dementia towards end of life, including in relation to any cultural and religious considerations.

We will promote the role of, and engagement in, research in palliative dementia care.

How will we achieve our objectives?

- It is important that there is a coordinated approach between all services supporting advanced care planning, end of life care and education for the public, health and social care professionals, and the voluntary and faith sector.
- Via groups such as Compassionate Sheffield, Dementia Cafes, Sheffield Directory Dementia Page, Dementia Advice Sheffield, SHINDIG, St Luke's Hospice, Age UK, Alzheimer's Society, SACMHA etc.

City-wide achievements

Sheffield Dementia Acute Deterioration Pathway

Roll-out of ReSPECT

More consistency in ensuring people with dementia are identified when their health is deteriorating so that they are added to the Electronic Palliative Care Register to enable end of life advance care planning to be in place

Dementia Advanced Care Planning video for GPs and health and care staff

Education for the adult health and social care workforce/VCSE delivered by Enrichment for the Elderly as well as St Lukes Project ECHO on Advance Care Planning, supporting people at end of life and National Dementia Training Standards Tier Two framework training to South Yorkshire AH & SC workforce

Dementia Partnership locality projects supported by Dementia Link Workers

Support and well being sessions at St Luke's




South Yorkshire
Integrated Care Board

Have conversations about advanced care planning with people with dementia as often as possible.



Advanced Care Planning

Advance Care Planning with People with Dementia
<https://www.youtube.com/watch?v=eDhdHpnBK3k>





Any thoughts or questions?



Please tell us
what you think
about today's
event

<https://forms.office.com/e/Q92xRzfr7X>



Or use the paper
feedback form on
the tables

Conclusion

- **Next Steps**
- **Closing remarks**



Presenter:

Steve Thomas

NHS South Yorkshire
Integrated Commissioning
Board (Sheffield)

Sheffield Dementia Strategy

<https://southyorkshire.icb.nhs.uk/about-us/who-we-are-and-what-we-do/place-map/sheffield/sheffield-dementia-strategy>