



Attention Autism

What is Attention Autism?

Attention Autism was created by Speech & Language Therapist **Gina Davies**, it is a programme that encourages, inspires, and helps to motivate and build shared attention and communication in a group situation.

Four Stages

The programme consists of **4 stages**.

Stage 1 Focus Attention (The Bucket)

Stage 2 Sustain Attention (Attention Builder)

Stage 3 Shift Attention (Interactive Game)

Stage 4 Transition Attention (Tabletop Activity)

The Group

Groups should consist of up to 6 children, usually with social communication differences, the group ideally would run every day in a distraction free room/area. Children should be seated on low chairs in a semi-circle close together.

The Roles

The lead member of staff delivers the programme. In order to try and engage the children, staff should be:

- Organised
- Able to build and encourage anticipation
- OTT (over the top)
- Exciting
- Exaggerated
- Enthusiastic
- Fun
- Use minimal language

If you have supporting staff, they are to remain low arousal and not engage with the children. Their job is to guide and reseat the children in the group and observe children's reactions. Staff can swap roles.



Further information

- E-mail Gina: gina@attentionautism.com
- Visit the website: www.attentionautism.com
- See YouTube for ideas, demonstrations, and inspiration.

