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# About

The Early Help Partnerships training offer is a standalone topic-based programme which continues to support and embed the principles of whole family ways of working. It looks to upskill the universal workforce and underpin the core values of partnership working. The training is readily available and accessible for SCC employees and our wider partners. All training is free to access and compliments that of all other training attended.

So that we can manage our bookings and see training is attended by the relevant services, our booking links are private and are shared regularly with staff, schools and partner agencies.

Below is a list of upcoming Early Help Partnership sessions available to book now. These sessions will be delivered via Microsoft Teams unless otherwise stated. To assist the facilitation of the session we ask that all cameras are switched on for the duration of the session.

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# Thematic Training & Dates:

|  |  |  |
| --- | --- | --- |
| **Safer Sleep Awareness** | Aims:   * Develop knowledge on sudden infant death syndrome (SIDs) * Discuss how we reduce the risk of SIDS in the across Sheffield * SIDS prevention and advice is everybody’s responsibility “making every contact count”. * Highlight associated projects. | **Wednesday 4th September 2024**  **1:30pm – 2:30pm**  [**https://www.eventbrite.co.uk/e/safer-sleep-awareness-tickets-996327742097**](https://www.eventbrite.co.uk/e/safer-sleep-awareness-tickets-996327742097)  **Friday 13th September 2024**  **9am – 10am**  [**https://www.eventbrite.co.uk/e/safer-sleep-awareness-tickets-996332596617**](https://www.eventbrite.co.uk/e/safer-sleep-awareness-tickets-996332596617) |
| **Startwell Core Messages** | What is Start Well? Who we are and what we do.  How we support professionals and families with children 0 - 5 years of age in a holistic approach to developing a healthy lifestyle.  Attending this workshop will provide an opportunity for the practitioner to explore the aims and reasons for the Start Well family programme and how we can all contribute to Sheffield’s Obesity strategy.  The workshop will help practitioners to identify families who would benefit from attending a Start Well family programme or workshop, and how to make a referral or sign post families to our service. .  We will also share current advice for toilet/potty training, dumping the dummy and oral health.  The programme is a universal service and recommend for all families with children under 5 years of age. | **Tuesday 10th September 2024**  **9:30am – 12pm**  [**https://www.eventbrite.co.uk/e/start-well-core-messages-tickets-996335334807**](https://www.eventbrite.co.uk/e/start-well-core-messages-tickets-996335334807) |
| **Introduction to Infant Feeding Service Step 1** | Aims:   * To get an introduction to breastfeeding/infant feeding and why it is important to promote, protect breastfeeding * To understand what the IF services are in Sheffield * To understand future developments for wider IF services and reach * To enable participants to signpost parents to Family hubs and IF services | **Tuesday 10th September 2024**  **12pm – 12:30pm**  [**https://www.eventbrite.co.uk/e/introduction-to-infant-feeding-service-step-1-tickets-996338042907**](https://www.eventbrite.co.uk/e/introduction-to-infant-feeding-service-step-1-tickets-996338042907) |
| **Universal Credit Transition** | Aims:   * A background of Universal Credit * An overview of the Transition to Universal Credit for all affected families * Details of support available for families * A Question-and-Answer Sessions regarding Universal Credit Transition | **Tuesday 10th September 2024**  **12:30pm – 1:30pm**  [**https://www.eventbrite.co.uk/e/universal-credit-transition-tickets-996364612377**](https://www.eventbrite.co.uk/e/universal-credit-transition-tickets-996364612377)  **Wednesday 25th September 2024**  **12:30pm – 1:30pm**  [**https://www.eventbrite.co.uk/e/universal-credit-transition-tickets-999315267867**](https://www.eventbrite.co.uk/e/universal-credit-transition-tickets-999315267867) |
| **Introduction to M365 – OneDrive/Teams/SharePoint** | Aims: To help better understand parts of M365 and how to use it more effectively. | **Tuesday 10th September 2024**  **1pm – 1:30pm**  [**https://www.eventbrite.co.uk/e/introduction-to-m365-onedriveteamssharepoint-tickets-996374933247**](https://www.eventbrite.co.uk/e/introduction-to-m365-onedriveteamssharepoint-tickets-996374933247)  **Thursday 19th September 2024**  **1pm – 1:30pm**  [**https://www.eventbrite.co.uk/e/introduction-to-m365-onedriveteamssharepoint-tickets-996383759647**](https://www.eventbrite.co.uk/e/introduction-to-m365-onedriveteamssharepoint-tickets-996383759647) |
| **Shelter - Homelessness Awareness** | During this session you will learn about:   * How to spot when someone may be homeless * How to make a homeless application * The Council’s duties when someone makes a homeless application * What to do if the Council do not act correctly or make a negative decision about someone’s homeless application * How and when to refer to Shelter | **Wednesday 11th September 2024**  **10am – 12pm**  [**https://www.eventbrite.co.uk/e/shelter-homelessness-awareness-tickets-996365906247**](https://www.eventbrite.co.uk/e/shelter-homelessness-awareness-tickets-996365906247) |
| **Introduction to Infant Feeding Service Step 2** | Aims:   * Why BF matters? Benefits to mum/baby and society and environment * How formula companies mislead parents? * Why BF support is important: mothers and parents voices about the support received (case studies)? * Who are the IFPSW, what do they do how to contact them? * What are the services available for parents? Antental provision and postnatal support * How to access services? * Where and how to refer on? * How to become a breastfeeding ambassador? | **Wednesday 11th September 2024**  **1pm – 3pm**  [**https://www.eventbrite.co.uk/e/introduction-to-infant-feeding-service-step-2-tickets-996345846247**](https://www.eventbrite.co.uk/e/introduction-to-infant-feeding-service-step-2-tickets-996345846247) |
| **Smokefree Sheffield Very Brief Advice** | Aims:   * Introduction of Smokefree Service * Dangers of smoking * Information on vaping referral pathways * How to refer | **Wednesday 11th September 2024**  **1pm – 2pm**  [**https://www.eventbrite.co.uk/e/smokefree-sheffield-very-brief-advice-tickets-996357791977**](https://www.eventbrite.co.uk/e/smokefree-sheffield-very-brief-advice-tickets-996357791977)  **Thursday 26th September 2024**  **1pm – 2pm**  [**https://www.eventbrite.co.uk/e/smokefree-sheffield-very-brief-advice-tickets-999313271897**](https://www.eventbrite.co.uk/e/smokefree-sheffield-very-brief-advice-tickets-999313271897) |
| **Health inequalities in Sheffield: Why? and What can we do about it?** | Aims: To understand how ill health is unequally experienced across Sheffield. Consider reasons for this and what Foundry network are doing to try and tackle the inequity. | **Monday 16th September 2024**  **1pm – 1:45pm**  [**https://www.eventbrite.co.uk/e/health-inequalities-in-sheffield-why-and-what-can-we-do-about-it-tickets-996353890307**](https://www.eventbrite.co.uk/e/health-inequalities-in-sheffield-why-and-what-can-we-do-about-it-tickets-996353890307) |
| **An Introduction to Kooth Digital Health in Sheffield** | KOOTH - NEW EXTENDED AGE RANGE. Young people aged 10-25 across Sheffield (previously 11-18).  The NHS South Yorkshire ICB has commissioned free instant access digital mental health support across Sheffield for those aged 10-25. The service provides free, safe, and anonymous online mental health support whenever you need it.  There are no thresholds or waiting lists for support and access to the platform is available instantly 24/7, without the need for a referral.  Support available includes:   * Live chat or messaging with qualified mental health professionals * Self help tools and activities * Online community   This session is designed for professionals who work to support children and young people and want to know more about how Kooth can be used as a sole or additional means of counselling and support.  What to expect from this session:   * An overview of how Kooth works as a mental health service * Outline CYP service support features * How we safeguard our users * How we support you to refer young people to Kooth * Q&As and future collaboration opportunities   Go to www.kooth.com to get started today. | **Monday 16th September 2024**  **1pm – 2pm**  [**https://www.eventbrite.co.uk/e/an-introduction-to-kooth-digital-health-in-sheffield-tickets-996370189057**](https://www.eventbrite.co.uk/e/an-introduction-to-kooth-digital-health-in-sheffield-tickets-996370189057)  **Wednesday 25th September 2024**  **9am – 10am**  [**https://www.eventbrite.co.uk/e/an-introduction-to-kooth-digital-health-in-sheffield-tickets-999330433227**](https://www.eventbrite.co.uk/e/an-introduction-to-kooth-digital-health-in-sheffield-tickets-999330433227) |
| **Storytelling Workshop** | “Everybody In!” Join acclaimed storyteller Carmel Page, have an adventure with pipe-cleaners and discover how easy it is to make up stories with families. This have-a-go session is full of hands-on fun. You will make your own story props and build your confidence in creating and sharing stories.  This workshop will equip staff with the skills to promote family conversations, create stories, tell stories confidently and also to share ideas for telling stories with families. Bring something with you that you treasure, it doesn’t have to be valuable, it could be a photo, a mug, an ornament anything with a story you would like to share with others. Take away a box of goodies to help you share the magic of making up stories. | **Tuesday 17th September 2024**  **10am – 12:30pm**  **Sharrow Community Forum,**  **South View Road, S7 1DB**  [**https://www.eventbrite.co.uk/e/storytelling-workshop-tickets-996396216907**](https://www.eventbrite.co.uk/e/storytelling-workshop-tickets-996396216907) |
| **Opportunity Sheffield Information Session** | Aims: To deliver information about the 3 strands of support that Opportunity Sheffield offer: pre-employment support; sector routeways course; training opportunities for employed people; work experience placements and apprenticeship support. | **Tuesday 17th September 2024**  **12pm – 12:45pm**  [**https://www.eventbrite.co.uk/e/opportunity-sheffield-information-session-tickets-996361222237**](https://www.eventbrite.co.uk/e/opportunity-sheffield-information-session-tickets-996361222237) |
| **Shelter - Housing Options** | During this session you will learn about:   * Sheffield City Council Housing Register, Bands and Bidding * Bedroom eligibility, what it is and how it works * The different priorities * Offers of accommodation * Other housing options * How and when to refer for further help | **Tuesday 17th September 2024**  **2pm – 4pm**  [**https://www.eventbrite.co.uk/e/shelter-housing-options-tickets-996367450867**](https://www.eventbrite.co.uk/e/shelter-housing-options-tickets-996367450867) |
| **Understanding Personality Disorder** | Aims: The aim of the workshop is to help you understand the causes and effects of the diagnosis and provide you with helpful techniques and tips to support the service users you are working with.  What will I learn in the Workshop?   * An understanding of borderline personality disorder and what this means. * Theories of how borderline personality disorder might develop and how people get the diagnosis. * The difficulties people may face and learn a variety of techniques to help people manage. | **Wednesday 18th September 2024**  **9:30am – 1:30pm**  **Sharrow Community Forum, Small Hall, South View Road, S7 1DB**  [**https://www.eventbrite.co.uk/e/understanding-personality-disorder-tickets-996324261687**](https://www.eventbrite.co.uk/e/understanding-personality-disorder-tickets-996324261687) |
| **Play Work - A Brief Introduction** | Aims:   * To introduce Sheffield Play Partnership and the other training and support available and coming soon. * We will explore what sets Playwork apart from other methods of working with children and young people. * We will explore some of the benefits taking a Playwork approach for children and for settings. | **Wednesday 18th September 2024**  **1pm – 2pm**  [**https://www.eventbrite.co.uk/e/play-work-a-brief-introduction-tickets-996393187847**](https://www.eventbrite.co.uk/e/play-work-a-brief-introduction-tickets-996393187847) |
| **Makaton Next Steps Workshop** | Please only attend this workshop if you have attended the Basic Makaton previously.  This workshop introduces more signs and symbols you can use every day and gives you an opportunity to revise the ones we looked at in our first session. We’ll also look more closely at Makaton symbols, singing and songs. | **Friday 20th September 2024**  **10am – 12:30pm**  **Sharrow Community Forum, South View Road, S7 1DB**  [**https://www.eventbrite.co.uk/e/basic-makaton-workshop-tickets-999419830617**](https://www.eventbrite.co.uk/e/basic-makaton-workshop-tickets-999419830617) |
| **Crash Course: Pills and Party Powders - delivered by The Corner.** | A one-hour crash course delivering a basic overview of popular party drugs such as Alcohol, Cocaine, Ketamine, MDMA and Nos. | **Monday 23rd September 2024**  **9:30am – 10:30am**  [**https://www.eventbrite.co.uk/e/crash-course-pills-and-party-powders-tickets-999400472717**](https://www.eventbrite.co.uk/e/crash-course-pills-and-party-powders-tickets-999400472717) |
| **Relationship Toolkit Training** | Aims:   * To understand parental conflict and its impact on family functioning * To have awareness that there is a difference between domestic abuse and parental conflict * To feel more confident about couple relationship quality enquiry in everyday practice * To become familiar with the with Amity Relationship Solutions toolkit and its contents * To understand parental conflict and its impact on family functioning * To have awareness that there is a difference between domestic abuse and parental conflict * To feel more confident about couple relationship quality enquiry in everyday practice * To become familiar with the with Amity Relationship Solutions toolkit and its contents | **Monday 23rd September 2024**  **9:30am – 12:30pm**  **Committee Room 2, Floor 1, Sheffield Town Hall, S1 2HH**  [**https://www.eventbrite.co.uk/e/relationship-toolkit-training-tickets-999336461257**](https://www.eventbrite.co.uk/e/relationship-toolkit-training-tickets-999336461257) |
| **Doula Programme** | Aims:   * To gain an insight into the Sheffield Volunteer Doula programme * Information given on the referral criteria, referral process, support available for both volunteer doula's and vulnerable expectant mother | **Monday 23rd September 2024**  **12:30pm – 1pm**  [**https://www.eventbrite.co.uk/e/doula-programme-tickets-999295247987**](https://www.eventbrite.co.uk/e/doula-programme-tickets-999295247987) |
| **Introduction to well-being and poor mental health during pregnancy – what to look for and what support is on offer** | Aims:   * To be able to identify the mental health and wellbeing in pregnant women and birthing people * An increased knowledge of services that support pregnant women and birthing people with their mental health and well-being in pregnancy * A knowledge of the Well-being Clinics run jointly by the Emotional Wellbeing Midwifery Team and the Family Intervention Service (support offered and how to refer) * To be able to identify the wide range of resources available to women and birthing people and professionals on the mental health and wellbeing offer | **Monday 23rd September 2024**  **1pm – 2pm**  [**https://www.eventbrite.co.uk/e/introduction-to-well-being-and-poor-mental-health-during-pregnancy-tickets-999375066727**](https://www.eventbrite.co.uk/e/introduction-to-well-being-and-poor-mental-health-during-pregnancy-tickets-999375066727) |
| **Cannabis 101 – delivered by The Corner** | We will provide a brief overview of cannabis, the effects, the laws, the science and much more.  The most widely used illicit drug around the world, The most popular used illicit substance by young people - Cannabis.  Join us as we take a deep dive into the world of cannabis as we look at the plant, the socio-politics and the practicalities of supporting people who use cannabis. | **Monday 23rd September 2024**  **3:30pm – 4:30pm**  [**https://www.eventbrite.co.uk/e/cannabis-101-tickets-999402278117**](https://www.eventbrite.co.uk/e/cannabis-101-tickets-999402278117) |
| **Navigating Mental Health Services** | Aims:   * To increase your understanding of mental health services and their thresholds, how to access these and what to expect * To increase your understanding of other support options for mental health issues including self help resources and third sector services | **Tuesday 24th September 2024**  **10am – 11:30am**  [**https://www.eventbrite.co.uk/e/navigating-mental-health-services-tickets-999292459647**](https://www.eventbrite.co.uk/e/navigating-mental-health-services-tickets-999292459647) |
| **Screening Tool and Service Intro** | In this one-hour session we will give you an introduction to the services The Corner offers.  We will also explore what is meant by the term Harm Reduction and how we use this in practice.  The main aim of the session is to teach professionals how to confidently use our screening tool to explore potential substance use and associated risk factors in young people. | **Tuesday 24th September 2024**  **11am – 12pm**  [**https://www.eventbrite.co.uk/e/screening-tool-and-service-intro-tickets-999386962307**](https://www.eventbrite.co.uk/e/screening-tool-and-service-intro-tickets-999386962307) |
| **Introduction to Family Hubs** | Aims:   * To find out the Family Hub offer * How to access all the services * How you can become part of the Family Hub Network | **Wednesday 25th September 2024**  **12pm – 12:30pm**  [**https://www.eventbrite.co.uk/e/introduction-to-family-hubs-tickets-999380854037**](https://www.eventbrite.co.uk/e/introduction-to-family-hubs-tickets-999380854037) |
| **Making it REAL and the Home Learning Environment** | Aims:  To raise awareness of Making it REAL and how to refer families into the programme. Look at what services are available for families to support children's Early Language development and how parents can support development and learning in the home. | **Wednesday 25th September 2024**  **12pm – 1pm**  **<https://www.eventbrite.co.uk/e/making-it-real-and-the-home-learning-environment-tickets-999326060147>** |
| **Who Are Pairs? Level 1** | Aims:   * To provide an overview of the PAIRS service for professionals supporting parents with children 0-3 in Sheffield * To be aware of who we are as a service and where PAIRS sits in the NHS and the local authority * Understand the roles and responsibilities of PAIRS workers and what they do * Identify the referral route for the service | **Wednesday 25th September 2024**  **1pm – 1:30pm**  [**https://www.eventbrite.co.uk/e/who-are-pairs-level-1-tickets-999347353837**](https://www.eventbrite.co.uk/e/who-are-pairs-level-1-tickets-999347353837) |
| **Family Focus Plan** | Aims:   * Identify the challenges in 1-1 parenting work with a family and how to overcome these * Think about creative ways to engage parents and carers in a conversation about parenting strategies and support * Introduce the new ‘Family Focused Plan’ from Sheffield Parent Hub * Look at how to ensure you are recording and evidencing 1-1 parenting support in case notes * Look at how supervision with Team Managers can support the implementation of the plan and 1-1 parenting support | **Thursday 26th September 2024**  **9:30am – 12:30pm**  **Stadia Technology Park, Room 3, 60 Shirland Lane, S9 3SP**  [**https://www.eventbrite.co.uk/e/family-focus-plan-tickets-999320122387**](https://www.eventbrite.co.uk/e/family-focus-plan-tickets-999320122387) |
| **Introduction to Shelter Services** | During this session you will learn about Shelter's national and local service including:   * What we do * How clients can access our services * How professionals can access our services * How and when to refer to us | **Thursday 26th September 2024**  **10am – 11am**  [**https://www.eventbrite.co.uk/e/introduction-to-shelter-services-tickets-999318046177**](https://www.eventbrite.co.uk/e/introduction-to-shelter-services-tickets-999318046177) |
| **Current Trends in Young Persons Substance Use – delivered by The Corner** | This ever changing 2-hour session aims to keep up with the times and explore new and arising trends among young people’s drug use. This course is ideal for anyone who works with at-risk young people.  This course is perfect for any professional in Sheffield wanting to brush up and bolster their knowledge around substances and skills/tools in facilitating conversations with young people. | **Thursday 26th September 2024**  **3pm – 5pm**  **The Corner, 91 Division Street, S1 4GE**  [**https://www.eventbrite.co.uk/e/current-trends-in-young-persons-substance-use-tickets-999406380387**](https://www.eventbrite.co.uk/e/current-trends-in-young-persons-substance-use-tickets-999406380387) |
| **Talking About Suicide: Training for Trainers** | **It is crucial that people who attend this training are intending to deliver this session within their own service. It is not simply a suicide awareness course; it is for people who will teach others about it.**  During this session you will:   * Learn more about suicide * Find out a bit more about building trust in conversations * Learn about what helps people who are in distress * Learn about delivering the Talking About Suicide training pack | **Friday 27th September 2024**  **9:30am – 12:30pm**  [**https://www.eventbrite.co.uk/e/talking-about-suicide-training-for-trainers-tickets-999343592587**](https://www.eventbrite.co.uk/e/talking-about-suicide-training-for-trainers-tickets-999343592587) |
| **Whooping Cough (Pertussis) - Information for Early Years Providers** | Aims:   * Whooping cough (pertussis) as a disease, its symptoms and treatment * Groups most vulnerable to whooping cough * Management of whooping cough cases * How to prevent whooping cough * Q&A | **Monday 30th September 2024**  **12pm – 1pm**  [**https://www.eventbrite.co.uk/e/whooping-cough-pertussis-information-for-early-years-providers-tickets-999383592227**](https://www.eventbrite.co.uk/e/whooping-cough-pertussis-information-for-early-years-providers-tickets-999383592227) |

# SEND The Basics Training

This training is for anyone who works with children and young people, as well as parents, carers, and anyone supporting someone with SEND. It has been developed by the local authority, citywide SENCOs, NHS South Yorkshire ICB, and Sheffield Parent Carer Forum.

Watch our four short training videos to get a basic understanding of Special Educational Needs and Disabilities (SEND). It has been added to the Local Offer 0-25 webpages.

The training videos cover:

• what SEND means.

• understanding the language and tools used in SEND.

• important parts of legislation about SEND.

• how children and young people’s needs are identified and supported.

• where to find more information.

Click here: [SEND The Basics training | Sheffield (sheffielddirectory.org.uk)](https://www.sheffielddirectory.org.uk/localoffer/education-and-learning/send-the-basics-training/)

# Project 6 Training

Project 6 Training returns with monthly online introductory sessions in relation to health and wellbeing. This year, as well as our popular Lunch & Learn sessions we are also introducing a Breakfast Club. This means we will be offering the same training seminar, twice on the same day! The Breakfast Club session will run between 9.30am & 10.30am. The Lunch & Learn session is between 12.30pm & 1.30pm.

The link to join both sessions is: <https://us02web.zoom.us/j/83780718878>

**The themes of our introductory sessions are:**

|  |  |
| --- | --- |
| **Theme** | **Date** |
| Stigma Awareness | 18th September 2024 |
| Adverse Childhood Experiences (ACEs) | 16th October 2024 |
| Trauma Informed Practice | 20th November 2024 |
| 12 Wellbeing Days for the Festive Season | 18th December 2024 |
| Trauma & The Brain | 15th January 2025 |
| Cycle of Change | 19th February 2025 |
| Assertiveness | 19th March 2025 |

Remember to put the link in your calendar!

# Additional Information

If you do not have the Microsoft Teams, you will be able to join via a web link. For information on joining a Microsoft Teams meeting visit: [https://support.microsoft.com/en-us/office/join-a-meeting-in-teams-1613bb53-f3fa-](https://support.microsoft.com/en-us/office/join-a-meeting-in-teams-1613bb53-f3fa-431e-85a9-d6a91e3468c9#bkmk_link) [431e-85a9-d6a91e3468c9#bkmk\_link](https://support.microsoft.com/en-us/office/join-a-meeting-in-teams-1613bb53-f3fa-431e-85a9-d6a91e3468c9#bkmk_link)

The meeting link will be provided via the Online Event Page on Eventbrite; you should gain access to this after booking. You will also be sent reminder emails from Eventbrite with the link included so please double check your email address is correct when booking. If you do not receive a confirmation or reminder email from Eventbrite, please check your junk folder in the first instance. If you do not have access to the Online Event Page 24hrs before the session start time, please contact us via email [earlyhelptraining@sheffield.gov.uk](mailto:earlyhelptraining@sheffield.gov.uk).

**Please note that spaces on these sessions are limited, therefore if you are unable to make a session it is essential you cancel in advance on Eventbrite with at least 48-hour notice. All non-attendance is recorded, and details will be shared with management.**

If you haven’t received a direct invitation from either your manager or from Early Help Partnerships inbox, then please check with your manager as to whether this is an appropriate session for you to attend.

If you would like to receive our training emails, please complete the below short form to be added to our distribution list.

<https://forms.office.com/r/kxaEvMbhaN>

For any queries, please contact us on [earlyhelptraining@sheffield.gov.uk](mailto:earlyhelptraining@sheffield.gov.uk)