



### What are they?

They are a means of letting children know what work or activities we are expecting them to do, and they are used as part of a routine to help them learn to carry out a task independently.

Essentially it teaches a pupil 'How to Learn'.

### Why are they used?

- Develops attention and ability to complete a task.
- Provides opportunity to explore new tasks.
- Repetition and structure.
- Clear organization of tasks.
- Develops independent work skills.
- Gives children opportunities to regulate.



The tasks within the box need to be at a level **lower** than the child is currently working at for the child to achieve them independently. Ideally add motivating activities, linked to their Specialist Interests. Initially the child will need verbal and visual support to understand what is expected from each task within the box. This should be done on a 1:1 basis.

Once the child becomes clear of what is expected, staff support should be withdrawn until the child can work independently. Ideally the child should be given a quiet space to work so that they can attend to the task without being distracted by others. This should be a low arousal space.

